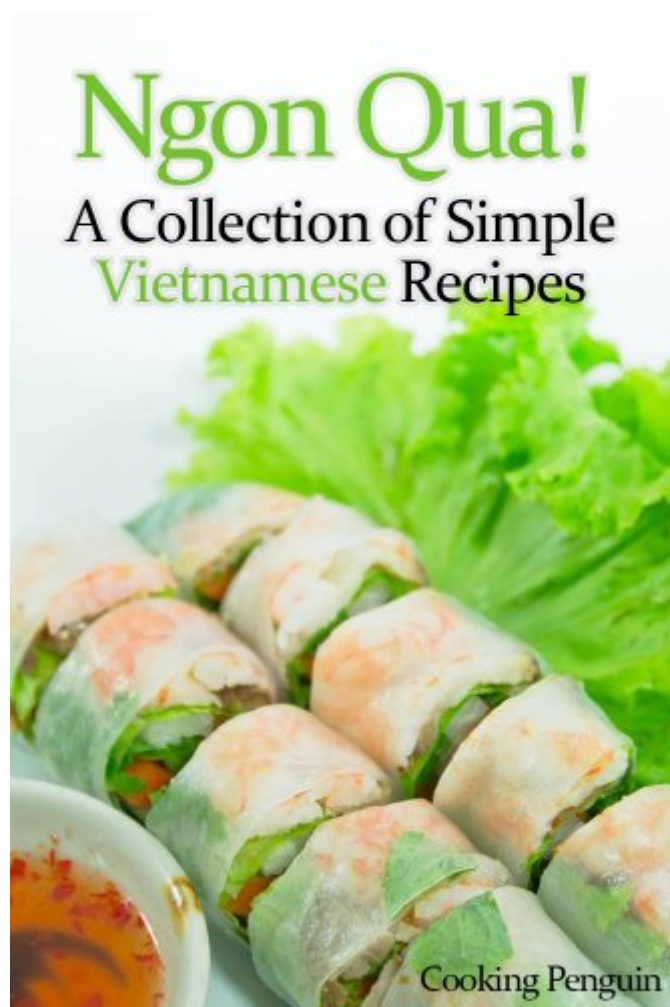


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# Ngon Qua! - A Collection Of Simple Vietnamese Recipes



## Synopsis

For the Vietnamese, the five elements also rule their palate, as reflected in the traditional taste of their cuisine: spicy is metal; sour is wood, bitter is fire, salty is water and sweet is earth. Vietnamese dishes often one of these distinctive tastes in their dishes. Vietnamese cuisine is also quite fond of using the freshest ingredients possible. They have a great preference for herbs and vegetables and traditional seasonings such as fish sauce, shrimp past, chilies, lime and basil leaves. The French influence is also clearly seen in many of Vietnam's dishes, owing to the fact that they had been under French rule for several years. Together, the Vietnamese cuisine creates a medley of flavors, carefully balanced to reflect the philosophical belief of the five senses. Ngon Qua! A Collection of Simple Vietnamese Recipes will show you how to create authentic Vietnamese dishes that will truly delight your senses.

## Book Information

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## Customer Reviews

Everything in this book tasted great!!! I thought it was easy to follow. My girlfriend thinks I'm a top

chef. Haha

The rice with chicken and mint is fantastic. If volume ou love Vietnamese food you will need to try this cookbook. Thank you and enjoy your day.

I never cooked Vietnamese food before and it wasn't a fun experience because of the overly complicated recipes in this book.

As for me Cooking is both about the recipe and the looks... unfortunately there is not enough images available in this book

Easy to read and beautifully photographed. I can't wait to get started. One of my favorite dishes is represented and it looks great.

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